

PROSPECTUS

NNIPHS

NASEEM NURSING INSTITUTE & PUBLIC HEALTH SCHOOL PESHAWAR





JINNAH
MEDICAL COLLEGE



The purpose of this prospectus is to provide information to those seeking admission in the NNIPHS in three Nursing Programs namely Generic BSN, Post RN BSN and LHV Program .The information provided is subject to change as per policies of Pakistan Nursing & Midwifery Council (PN&MC), Khyber Medical University (KMU), Higher Education Regulatory Authority and the College (NNIPHS), without any notice or obligation.

The right of Naseem Nursing Institute & Public Health School Peshawar to alter terms & conditions given in this booklet at any point in time cannot be challenged in any court of law.

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A TRIBUTE TO THE (LATE) CHAIRMAN

“We belong to Allah and to Him shall we return” (Al-Qur'an)

As a mortal being, Prof Dr. Muhammad Ishaq, Founder of Ghulam Yousaf Foundation, Jinnah Medical College, Jinnah Teaching Hospital, Naseem Nursing Institute and allied institutes, grieving all and sundry, departed for his eternal abode. After a short ailment, he breathed his last on 10th September 2017 and was laid to rest on 11 September 2017 at the premises of Jinnah Teaching Hospital and Jinnah Medical College's sprawling campus, i.e. the shadow of his most cherished dream of life.

Born to an illustrious family with a humble but spiritual background, Dr. Sahib always exhibited gentility to his family, colleagues, and towards patients. As the luck would have it, his personality was replete with vision, dynamism and charisma. He truly lived his life for others. A down-to-earth but excellent professional, he had in abundance the characteristics of love for humanity coupled with philanthropy and the deepest urge to teach and train his students and team members. Professionalism, tinged with humility, earned him great respect in society in general and professional domain in particular.

Soon after completion of his graduation from Khyber Medical College, Peshawar in 1983, he joined the Pakistan Army as a Captain Doctor. However, due to family compulsions, he retired as a Major in 1991 and joined Lady Reading Hospital as Senior Medical Officer in urology. He immensely contributed towards strengthening the urology department. Love for the country and its people and passion for excellence in the medical profession always kept him restless. He got the FCPS Degree from CPSP, Pakistan, FRCS from Ireland and Glasgow and published 25 original research articles in journals of good repute.

He was an academic, researcher, teacher, administrator and excellent social worker at the same time. As an administrator, he would always get things done by his team members through motivation and encouragement. He always symbolized hope and was never impolite or harsh to his colleagues or subordinates. This was the real secret behind his great achievements, the establishing of Jinnah Medical College and a number of other institutions related to health sciences.

He was of course a visionary in the true sense of the term and would always achieve his targets. One would always learn from him while working with him. The acquisition of land at a strategic location for the grand Jinnah Teaching Hospital, Jinnah Medical College, allied Institutions and above all plan to establish Ghulam Yousaf University indicate both his foresightedness and pragmatism.

Let's pray together for his soul to rest in eternal peace and pledge ourselves to take his dream forward for its fulfillment which will be the real tribute and homage we all owe to him.

May ALLAH bless him with the highest rank in Jannah

Ameen!



CEO MESSAGE

You will agree that a doctor's & Nurse's life is always full of trails and tribulation. To a consideration extend, his professional responsibilities subdue his personal and family urgencies and engagements. Being cognizant of the sanctity of his profession, he forgets about the leisure of life. To him, patients become the first priority. The sense of sacrifice in the line of duty prepares him for the primal task of attending to the patients, day and night. This kind of sensitivity is infused in him during his studies. Four prime years of his life and one-year internship in the hospital spent, make him a beginner only, teaching him how to help the ailing and agonizing humanity. He goes through the hardened facts of transient life every moment closely watching its realities. What I want to emphasize is that the four years of studies, coupled with fifth in the hospital, are very important. I, therefore, urge you to realize

the fact that you will be so lucky if chosen from among the millions of youth for this sacred profession. Of course, best senior teachers with lifelong expertise in their respective fields and senior nurses with enormous command in the field of nursing, Jinnah Teaching Hospital respectively will be available to you. The management will take utmost care that you get the best and be the best in your profession on joining the institute. Since, you have opted for the hard but noble profession, you will, therefore, be under the obligation to be steadfast, contented and patient for serving humanity. Today's hard work and sincere interest will guarantee your unimpeded success in becoming an excellent and a qualified Nurse and wherever you would be, your performance will vindicate the nobility of this profession. I sincerely pray for your success to become the students of Naseem Nursing Institute & Public Health School Peshawar, INSHAALLAH Good Luck!



PRINCIPAL MESSAGE

On behalf of Naseem Nursing Institute & Public Health School Peshawar (NNIPHS), it gives me an absolute honor and great privilege to welcome you at the beginning of your professional education and journey in the nursing profession. Nursing is a caring profession that plays a vital role in providing healthcare services to people who are sick. Nowadays nurses have a complex and diverse role which demands that nurses must be equipped with excellent knowledge and skills to play their roles effectively in hospitals, communities, and other health care settings. We believe in the holistic personality development of the students by working on cognitive, psychomotor, and affective domains of learning. The institute emphasizes providing a collaborative, evidence-based, student-centered learning environment to

produce competent nursing professionals. Furthermore, We in NNIPHS place more importance on competencies and skills that a nursing student requires throughout his professional life i.e. information handling, critical thinking, decision making, problem-solving, communication, team management, leadership, and clinical skills. The institute is also committed to inculcating strong moral and ethical values among the students which are crucial for becoming a leading nursing professional. NNIPHS has a well-qualified faculty, excellent infrastructure, and other facilities to teach, facilitate, and train the students according to the standards of the Pakistan Nursing & Midwifery Council, Khyber Medical University Peshawar, and Higher Education Regulatory Authority khyber pakhtunkhwa. With a team of competent and professional teachers and supporting staff, we will be able to support students in fulfilling their academic and professional needs. It is my humble prayer and fervent hope that NNIPHS will climb the ladder of success in the years to come. I would be delighted to welcome you to Naseem Nursing Institute & Public Health School Peshawar, we would be pleased to involve the students in education to foster their values. Thank You

NASEEM NURSING INSTITUTE & PUBLIC HEALTH SCHOOL PESHAWAR

Naseem Nursing Institute & Public Health School Peshawar (NNIPHS) was established in the year 2019 to start Generic BSN and Post RN BSN Programs in 2023 in order to put its share in meeting the acute shortage of nurses within the country and worldwide. The institute will prepare qualified nurses for clinical, teaching, administrative, and leadership responsibilities. The Board of Governors of NNIPHS approved the establishment of the College of Nursing under the umbrella of Jinnah Teaching Hospital / Jinnah Medical College Peshawar within its campus to address the issue of an insufficient number of nursing professionals in the country and to cope up with new trends and requirements of health promotion and quality education. The institute is already running LHV program and is about to start two Degree level Programs with the approval of Pakistan Nursing & Midwifery Council Islamabad, Khyber Medical University Peshawar and Higher Education Regularity Authority Khyber Pakhtunkhwa.

VISION & MISSION

Vision

To be the best academic and research oriented institution to produce professionally qualified, ethically sound, and research focused nurses to serve humanity at national and international level.

Mission

Dedication to educational excellence by providing evidence-based practice and developing personal attributes necessary for knowledge based, skilled, and righteous nursing professionals.

Objectives

1. To produce competent and qualified professionals to provide nursing care with evidence-based practice.
2. To provide high quality education through innovative techniques and practical involvement of students.
3. To prepare nurses for both clinical and community health care needs
4. To enable the graduates to acquire Registered Nurse licensure.
5. To provide quality education according to the recommendations of the Pakistan Nursing & Midwifery Council, Khyber Medical University, Higher Education Regulatory Authority, sociocultural norms, values and global trends of the nursing profession.

NNIPHS AT A GLANCE



NNIPHS AT A GLANCE



ACCREDITATION

1. Recognized by Pakistan Nursing & Midwifery Council Islamabad
2. Affiliated with Khyber Medical University Peshawar
3. Registered with Higher Education Regulatory Authority Khyber Pakhtunkhwa

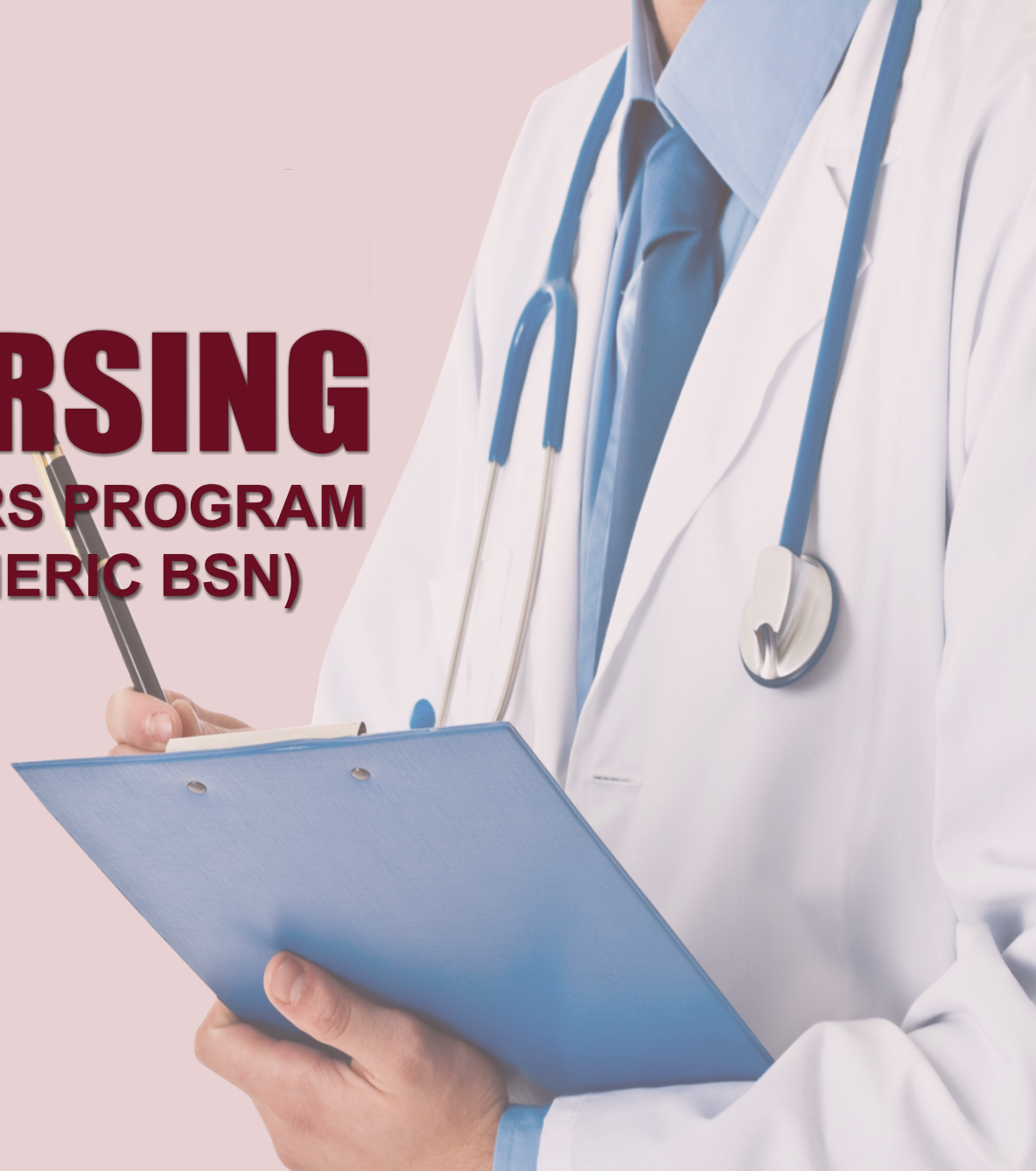
PROGRAMS

1. GENERIC BSN (4 Years)
2. POST RN BSN (2 Years)
3. LHV Program (2 Years)



BS. NURSING

4 YEARS PROGRAM (GENERIC BSN)



GENERIC BSN 4 YEARS DEGREE PROGRAM

Year 1 Semester I					
S.No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Fundamental of Nursing-I	2	0	2	4
2	Microbiology	2.5	0	0.5	3
3	Anatomy and Physiology-I	3	0	0	3
4	Biochemistry for Nurses	2	0	1	3
5	English-I	2	0	0	2
6	Computer Skills	0	0	1	1
Total					16

Year 1, Semester II					
S.No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Fundamental of Nursing-II	2	1	1	4
2	Applied Nutrition	1	0	0	1
3	Anatomy and Physiology-II	3	0	0	3
4	Community Health Nursing-I	2	1	0	3
5	English-II	2	0	0	2
6	Islamiat*	2	0	0	2
	Pak. Studies*	2	0	0	2
Total					17

Year 2, Semester III					
S.No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Adult Health Nursing I	4	3	1	8
2	Pathophysiology I	1.75	0	0.25	2
3	Health Assessment –I	1	0	1	2
4	Pharmacology- I	2	0	0	2
5	English-III	2	0	0	2
6	Mathematics	1	0	0	1
Total					17

Year 2, Semester IV					
S.No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Adult Health Nursing II	4	3	1	8
2	Pathophysiology II	2.75	0	0.25	3
3	Health Assessment -II	1	0	1	2
4	Pharmacology-II	2	0	0	2
5	English-IV	2	0	0	2
6	Developmental Psychology	2	0	0	2
	Nursing Ethics	1	0	0	2
Total					20

Year 3, Semester V					
S.No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Pediatrics Health Nursing	3	3	1	7
2	Community Health Nursing II	2.5	2.5	1	6
3	Teaching/Learning Principles and Practice	3	0	0	3
4	English-V	2	0	0	2
Total					18

Year 3, Semester VI					
S.No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Mental Health Nursing	3	3	0	6
2	Introduction to Biostatics	2.5	0	0.5	3
3	Behavioral Psychology	3	0	0	3
4	English-VI	2	0	0	2
5	Epidemiology	2	0	0	2
6	Culture, Health and Society	2	0	0	2
Total					18

Year 4, Semester VII					
S.No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Critical Care Nursing	2.5	4	0.5	7
2	Introduction to Nursing Theories	2	0	0	2
3	Leadership and Management in Nursing	2	1	0	3
4	English-VII	2	0	0	2
5	Nursing Research	3	0	0	3
Total					17

Year 4 Semester VIII					
S.No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Nursing Seminar/Role Transition	2	0	0	2
2	Community Health Nursing- III	2	3	0	5
3	Clinical Practicum	0	4	1	5
Total					12

BS. NURSING

2 YEARS PROGRAM (POST RN BSN)



POST RN BSN 2 YEAR DEGREE PROGRAM

Year 1 Semester-I					
S.No	Subject	Credits	Theory	Clinical	Lab
1	Biochemistry	2	1.5	0	0.5
2	Advance Concepts of Nursing- I	4	2	2	0
3	Health Assessment	3	1.5	0	1.5
4	Pharmacology	3	3	0	0
5	English-1(Functional)	2	2	0	0
6	Computer Skills & Information Technology	2	1	0	1
Total		16	11	2	3

Year 1 Semester-II				
S.No	Subject	Credits	Theory	Clinical
1	Advance Concepts of Nursing- II (Mental Health Nursing)	4	2	2
2	Introduction to Biostatistics	2	2	0
3	Epidemiology	2	2	0
4	Culture, Health, Society	2	2	0
5	Introduction to Nursing Models & Theories	2	2	0
6	English-II (Academic)	2	2	0
7	Principle of Teaching and Clinical Preceptorship	3	3	0
		17	15	2

Year-2, Semester-III				
S.No	Subject	Credits	Theory	Clinical
1	Advance Concepts III (CHN)	4	2	2
2	Introduction to Nursing Research	3	3	0
3	Professional Development and Ethics	3	3	0
4	Pak Studies	2	2	0
5	Leadership and Management	3	3	0
6	English III (Professional writing)	2	2	0
Total		17	15	2

Year-2, Semester-IV				
S.No	Subject	Credits	Theory	Clinical
1	Research/ Evidence based Elective project	4	4	0
2	Clinical Practicum	6	0	6
3	English-IV (Scholarly writing)	2	2	0
4	Islamic Studies/Ethics (For Non-Muslims)	2	2	0
Total		14	8	6



LHV PROGRAM

(2 YEARS)

LHV PROGRAM

Preliminary Training Session (PTS)

S.No	Subject	Theory	Practical	Total
1	Anatomy And Physiology	20	20	40
2	Microbiology	20	06	26
3	Metria Medica & Therapeutics	08	0	08
4	First Aid	10	06	16
5	Fundamental of Nursing	70	120	190
Total		128	152	280 hr

1st Year (Midwifery)

S.No	Subject	Theory	Practical
1	Obstetric	144	666
2	Obstetrical Nursing	144	666
3	Independent Study/Tutorial/Library	72	
4	Examination	36	
Total		1728 hr	

LHV PROGRAM

2nd Year (Public Health)

S.No	Subject	Theory	Practical	Total
01	Public Health and Practice Administration	30	30	60
02	Primary Health Care	30	100	130
03	MCH Services	45	250	295
04	Family Planning	30	75	105
05	Food and Nutrition	30	40	70
06	Child Survival	70	140	210
07	Hygiene	50	100	150
08	Domestic Hygiene			
09	Personal Hygiene			
10	Epidemiology and communicable diseases	50	60	110
11	Health Education, Principles, Methods and technique of Teaching	50	20	70
12	School Health Services	15	15	30
13	Statistics Record and Report	15	15	30
14	Public Health Care, Management and Supervision	30	0	30
15	Training of Indigenous Dais and Traditional, Birth Attendants	10	30	40

ELIGIBILITY CRITERIA GENERIC BSN DEGREE PROGRAM

- 1.FSC Pre medical minimum score 50 %
- 2.Male and females ages between 17-35 years
- 3.KMU CAT

Determination of Merit for Generic BSN

Weightage for preparation of final merit list will be as under

EXAMINATION/TEST	FINAL WEIGHTAGE
SSC	10%
FSC	20%
KMU CAT	40%
Interview	30%

ELIGIBILITY CRITERIA POST-RN BSN

- 1.SSC or Equivalent Level Examination
- 2.Diploma in General Nursing
- 3.Diploma in Midwifery (any Post Basic Specialty for males in lieu of Midwifery)
- 4.Valid PNC license
- 5.NOC in case of Government employee

Determination of Merit for Post RN BSN

EXAMINATION/TEST	FINAL WEIGHTAGE
SSC or Equivalent Level Examination	10%
Diploma in General Nursing	30%
Specialty	20%
Test	10%
Interview	30%

ELIGIBILITY CRITERIA LHV PROGRAM

- 1.Matric in science with minimum 45% marks
- 2.Age limit 14-35 years

FACILITIES

HOSPITAL BASED CLINICAL FACILITY

NNIPHS has its own 270 bedded well equipped teaching Hospital for clinical learning of student





AUDITORIUM



SKILL LAB



LIBRARY



LECTURE HALL



ANATOMY LAB



SCIENCE LAB



GENERAL POLICY

- Students primarily are responsible for their own learning and completion of the scheduled examinations and attendance of all the academic activities.
- The entire building of College and Hospital including washrooms and student lounges have been declared “No Smoking zone.” Students are expected to respect it.
- Eating and drinking is prohibited in the classrooms, tutorial rooms, learning resource center, and libraries etc.
- Students are expected to dress up in a simple and decent manner at all times and in all settings on Campus. Tight trousers/Jeans, unpleasant shades, and undesirable figures on shirts must be avoided.
- Students are not permitted to use mobile phones in the classroom & clinical areas. If any student is found doing so, his/her mobile will be taken into custody by the concerned faculty/coordinator at least for one week.
- Students are not allowed to discuss politics in the college.
- Students are not allowed to use college phone for their personal use.
- Students are not allowed to attend visitors inside the college at any time without permission.
- Written authorization from the Principal is required before making any public statement, communication, or correspondence with the press or other media for mass communication.

NNIPHS ADMISSION POLICY AND PROCEDURE

- All students must study the prospectus before applying for admission.
- The Admission Committee will announce the admission schedule and call candidates for admission to Generic BSN, Post RN BSN and LHV Program.
- The candidates will submit their Admission forms by hand/online at Admission Department NNIPHS.
- Forms received by Post, urgent mail, courier service or any other means shall not be entertain.
- No admission form will be accepted after the due date for submission.
- The Admission/scrutiny committee shall process all valid applicants and attach documents for eligibility for Interview
- The final merit list will be uploaded on NNIPHS/JMCP website and the candidates shortlisted for interview will be highlighted. The date of interview will be notified on the website along with the list of shortlisted candidates
- Objections, if any, be submitted in writing to the Principal NNIPHS within two days after the merit list is displayed, to rectify any errors or omissions.
- Candidates, who do not appear in the interview, will be considered as drop outs and next candidates on merit list will be called for interview.

NNIPHS ADMISSION POLICY AND PROCEDURE

- After interview, the selected candidates will be contacted through phone calls and text message for submission of fee/dues and required documents. No candidate will be admitted unless he/she has paid the fee and other dues.
- All dues must be paid by the due date, otherwise the admission of defaulting students will be cancelled and next candidate on merit list will be considered for admission.
- All certificates or any other documents submitted with the application form will be subject to verification. Any candidate whose documents are found incorrect/forged, or has provided incorrect data, rendering him/her ineligible for admission under the rules, will be struck off from the college and legal action may be taken under the criminal and civil law against him/her.
- A written application for cancellation of admission with suitable reasons will be required if any selected student wants to cancel his/her admission at any stage of the program.
- The students will have to sign a legal stamp paper (specimen will be provided), confirming that in case of leaving the college due to any reason, at any stage, he/she will not claim for fee refund. In addition, he will pay the remaining semester fee to the institute as penalty.

DRESS CODE (Nursing Students)

For Female:

Navy Blue kameez
White shalwar, and dupatta
White overall
Navy Blue sweater in winter
Black shoes and socks

For Male:

White dress Shirt
Navy Blue dress Pant
Navy Blue Tie
Simple black belt
White overall
Black shoes and black socks
Navy Blue Jacket or Sweater in winter.
Students must wear the NNIPHS Identification (ID) cards all the time along with the Uniform.

DRESS CODE (LHV Students)

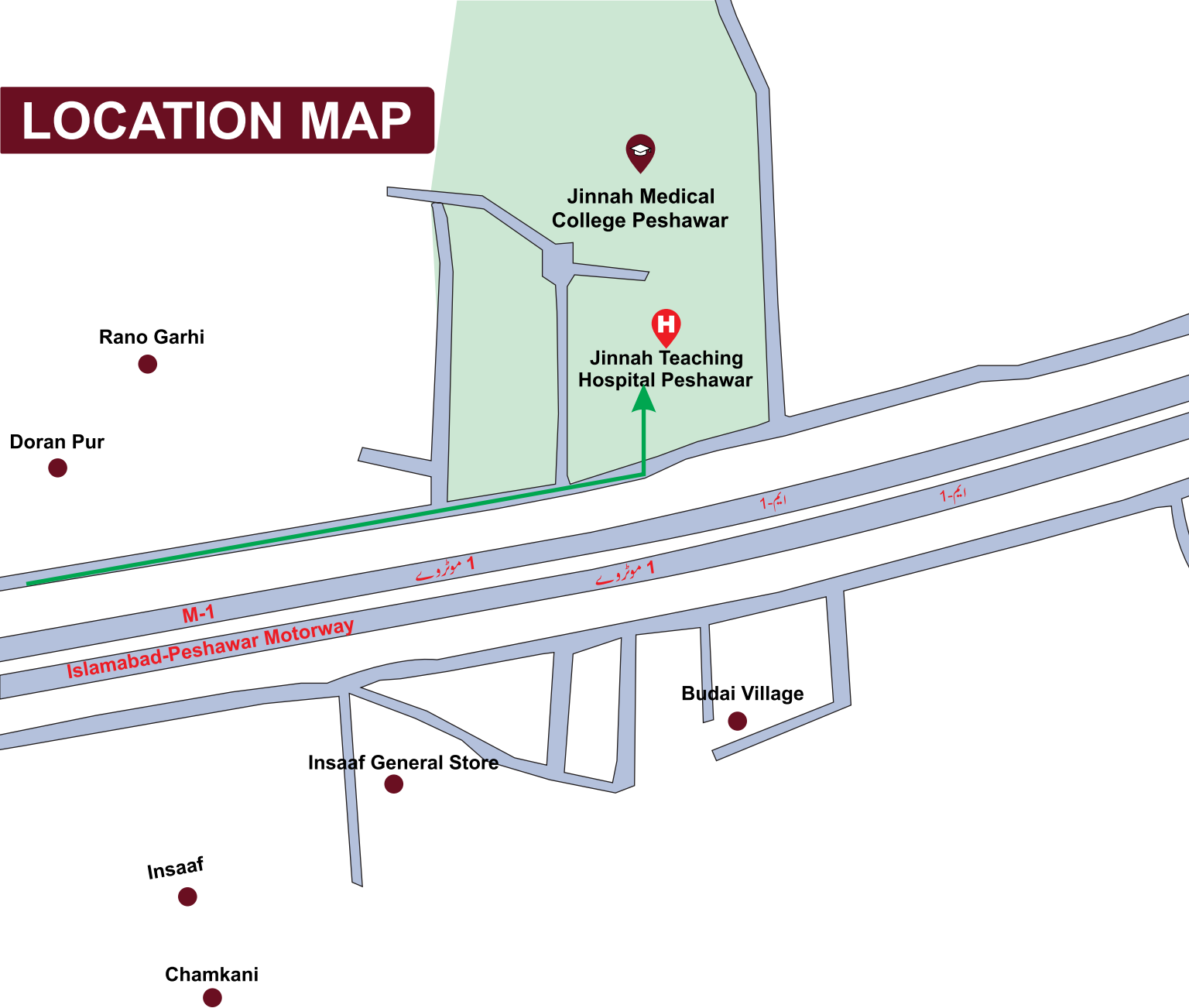
First Year:

Green Shirt, White Overall
White Shalwar and Duppata
Black Shoes and Socks

Second Year:

Gray Shirt, White Overall
White Shalwar and Duppata
Black Shoes and Socks

LOCATION MAP



NNIPHS

NASEEM NURSING INSTITUTE & PUBLIC HEALTH SCHOOL PESHAWAR



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🌐 <https://jmcp.edu.pk/nursing/>

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